

ARLA Resources

June 1, 2021

Books

Acts of Faith: The Story of an American Muslim, The Struggle for the Soul of a Generation by Eboo Patel

A Good Time for the Truth edited by Sun Yung Shin

All You Can Ever Know by Nicole Chyng

Begin Again by Eddie Glaude. A reconsideration of commonly understood black history based on the writing of James Baldwin.

Between the World and Me by Ta-nehisi Coates

Bury My Heart at Wounded Knee by Dee Brown. Classic. The Indian History of the America West. 445 pages. Notes and bibliography included

Caste by Isabel Wilkerson. The Origins of Our Discontents. 395 pages. Notes and bibliography included.

Citizen: An American Lyric by Claudia Rankine. 2014. Poetry and visual arts.

Hillbilly Elegy by J.D. Vance

How the Word Is Passed: A Reckoning with the History of Slavery Across America - by Clint Smith*

How to Be an AntiRacist by Ibram X. Kendi*

I'm Still Here: Black Dignity in a World made for Whiteness by Austin Channing Brown*

Just Mercy by Bryan Stevenson

Lakota America by Pekka Hamalainen. Indigenous

Me and White Supremacy: Combat Racism, Change the World, and Become a Good Ancestor by Layla F Saad

My Grandmother's Hands by Resmaa Menarkem

North Country: the Making of Minnesota by Gwen Westerman. Indigenous

One Drop: Shifting the Lens on Race by Yaba Blay*

See No Stranger: A Memoir and Manifesto of Revolutionary Love by Valarie Kaur

The Color of Compromise: The Truth about the American Church's Complicity in Racism by Jemar Tis-by

The Color of Water by James McBride

The Common Good by Robert Reich. A good starting point for a new progressive political project. "Discrimination based on race, gender and ethnicity has magnified [these] economic differences and the economic stresses have fueled further bigotry." P. 92. 185 page. Study guide included.

The Hate U Give by Angie Thomas

The Heartbeat of Wounded Knee by David Treuer. Indigenous

The New Jim Crow by Michelle Alexander

The Nickel Boys by Colton Whitehead. Historical fiction based on true stories. 210 pages. Pulitzer Prize Winner. historical mistreatment of black and native boys in detention "schools"

The Sum of Us by Heather McGhee

The Sun Does Shine: How I Found Life and Freedom on Death Row by Ray Hinton

The Warmth of Other Suns by Isabel Wilkerson. The Epic Story of America's Great Migration. 543pages. Notes and bibliography included.

Unworthy Republic: The Dispossession of Native Americans and the Road to Indian Territory by Claudio Saunt. A study in the forced removal of Native Americans from their lands and their horrific treatment through state-sponsored actions.

Waking Up White: And Finding Myself in the Story of Race by Debby Irving

Warriors Don't Cry by Melba Patillo Beals

While the Locust Slept, a memoir by Peter Razor. [MN Historical Society Press]. 200 pages. Historical mistreatment of black and native boys in detention “schools”

White Fragility by Robin DiAngelo

White Too Long: The Legacy of White Supremacy in American Christianity by Robert Jones

Why are all the Black Kids Sitting Together in the Cafeteria? by Beverly Tatum

Podcasts (Audio)

Seeing White, Season #2 <https://www.sceneonradio.org/tag/season-2/>

Sounds Like Hate: Investigating the proliferation of hate and extremism in America by Southern Poverty Law Center:
<https://podcasts.apple.com/us/podcast/sounds-like-hate/id1526406609>

1612 (New York Times): <https://www.nytimes.com/2020/01/23/podcasts/1619-podcast.html>

***Clint Smith (How the Word Is Passed: A Reckoning with the History of Slavery Across America)** - Brene Brown interview:
https://open.spotify.com/episode/7zxyMwfMSJXeCCMMFPkDKw?si=NxTW6XuWQsqLi53mE2-lw&utm_source=native-share-menu&nd=1

***Ibram X. Kendi (How to be an Anti-Racist)** — Brene Brown interview:
<https://www.radio.com/media/audio-channel/bren-with-ibram-x-kendi-on-how-to-be-an-antiracist>

***Austin Channing Brown (I'm Still Here: Black Dignity in a World Made for Whiteness)** - Brene Brown interview: <https://www.radio.com/media/audio-channel/bren-with-austin-channing-brown-on-i-m-still-here-black-dignity-in-a-world-made>

***Yaba Blay (One Drop: Shifting the Lens on Race)** - Brene Brown interview:
https://open.spotify.com/episode/0rP3gQOMESgPwU0MU23nfw?si=pl_H1kIJTHWiJJ02xarq3A&utm_source=native-share-menu&nd=1

Videos (Visual)

13th - movie explores the intersection of race, justice and incarceration in the U.S.: [https://en.wikipedia.org/wiki/13th_\(film\)](https://en.wikipedia.org/wiki/13th_(film))

We are the Radical Monarchs - documentary about BIPOC activism group for young girls: <https://radicalmonarchs.org/>

Systemic Racism Explained:

<https://www.facebook.com/202984496470817/posts/2465843130184931/>

Lucy Laney - channel #11 documentary on school: <https://www.lovethemfirst.com/>

Listen! Please - documentary about black elders in MN

:<https://www.pbs.org/video/mini-documentary-listen-please-38395/> (Can access for free on You Tube)

America's native prisoners of war (TED Talk):

https://www.ted.com/talks/aaron_huey_america_s_native_prisoners_of_war?rid=XR2koOpwEHkv&utm_source=recommendation&utm_medium=email&utm_campaign=explore&utm_term=watchNow

Web Sites and Curriculum

21 Day Racial Equity Habit Building Challenge Challenge:

<https://www.sfbar.org/home/21-day-racial-equity-habit-building-challenge/>

Colorlines: <https://act.colorlines.com/acton/rif/1069/s-04ec-2011/-/l-sf-contact-12a6e:833a/q-1bed6/showPreparedMessage?sid=TV2:iiOn5dXzm>

White Privilege curriculum by UCC: <http://privilege.uccpages.org/>

Lutheran Immigration and Refugee Service (LIRS) recommendation of 21 books on immigration: https://www.lirs.org/books-about-immigration/?fbclid=IwAR0OUM_1CVIG16il5na54PXl0yd8gnRjlbpFGovoQyy8QBCqFwVJ9nwQXDg

Diverse books for children - EmbraceRace.org

Anti-Racism for kids 101 - booksforlittleones.com

Families with Children in China <https://fccny.org/Asian-Americans-on-racism>

Centers for Disease Control and Prevention (CDC) - <https://www.cdc.gov/>
explore racial disparities in covid

Resources and Articles

Unpacking White Privilege by Peggy MacIntosh

<https://nationalseedproject.org/Key-SEED-Texts/white-privilege-unpacking-the-invisible-knapsack>

Why Does the Myth of the Confederate Lost Cause Persist?

<https://www.theatlantic.com/magazine/archive/2021/06/confederate-lost-cause-myth/618711/>

Small Truth Papering Over a Big Lie by **TA-NEHISI COATES**

<https://www.theatlantic.com/national/archive/2010/08/small-truth-papering-over-a-big-lie/61136/>

How Did We Get Here? 163 years of The Atlantic Writing on Race and Racism in America

<https://www.theatlantic.com/education/archive/2020/06/atlantic-reader-race-and-racism-us/613057/>

I'm Tired of Educating White People about Anti-Asian Racism by Nicole Chung

<https://time.com/6051948/educating-white-people-anti-asian-racism/>

Understanding and Addressing Racial Disparities in Health Care (Medicare and Medicaid Research Review):

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4194634/>

Richard Rohr - Learning How to See (Recognizing, confirming, overcoming bias)

How Difficult it is to See Clearly: <https://cac.org/how-difficult-it-is-to-see-clearly-2021-02-28/>

Monuments and Museums

Whitney Plantation: The Children of the Whitney

<https://www.whitneyplantation.org/history/the-big-house-and-the-outbuildings/the-children-of-the-whitney/>

Clayton Jackson McGhie Memorial: <https://claytonjacksonmcghie.org/about/>

MN Historical Society: <https://www.mnhs.org/>